## STUDY SKILLS & WELFARE AFTERNOON

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# STUDY SKILLS & WELFARE AFTERNOON

- Lectures & Supervisions
- Balancing Priorities (Counselling Service slides)
- Time Management

#### Aims of the afternoon:

- to present information and ideas to help you to plan and enjoy your studies and other activities;
- to enable you to achieve maximum benefit from your time in Cambridge.

### LECTURES & SUPERVISIONS

- Preliminaries
- People
- Lectures
- Examples Papers
- Supervisions

## STUDY SKILLS

- You are here in Cambridge University:
  - → you are intelligent and a high achiever
  - → you already have good study skills

- But this course is very different from being taught in a classroom
- So you need to adapt your skills to the course, and learn some new techniques

## STUDY SKILLS

- The course is
  - Fast, packed with new ideas
  - Designed to stretch you
- You will find you're capable of more than you'd ever imagined
- But you have to work at it!

## PERSONAL RESPONSIBILITY

- You are treated as adults:
  - → responsible for your own study and learning
  - → responsible for managing your time (lectures, labs, supervisions, sports, social life...)
- Be honest:
   with your Director of Studies, supervisors and yourself
- If you don't work properly, you are the one who will suffer with stress, and low exam grades

## THE ENGINEERING COURSE

- Is highly structured:
  - ⇒ Lecture timetable
  - $\Rightarrow$  Examples paper schedule
  - ⇒ Coursework rota
  - **⇒** Supervision schedule



• If you turn up to everything and do the work you are set, you should be OK

## "LECTURERS"

- Members of the Department's Academic/Teaching Staff:
- $\Rightarrow$  Professors
- $\Rightarrow$  Readers
- **⇒** Senior Lecturers
- $\Rightarrow$  Lecturers
- **⇒** Assistant Lecturers
- **⇒** Design Engineers
- **⇒** Computer Officers
- Often a Fellow at a College

## DIRECTOR OF STUDIES: "DoS"

- College position: responsible for your academic well-being, progress and development
- Arranges and oversees your supervisions
- Advises on course choices, jobs etc., and provides academic references
- Use your DoS when they ask for 'Tutor'
- For pastoral matters (health, finance etc), see your Tutor.

## **SUPERVISORS**

- Supervisions organised by DoS in  $1^{st}$  &  $2^{nd}$  year, and by Department in  $3^{rd}$  year
- None on 4<sup>th</sup> year courses, only for Project
- Supervisors can be:
  - **⇒** Your Director of Studies
  - ⇒ A Fellow at your College, or another College
  - ⇒ A post-doc researcher, or graduate student
- Different supervisors cover one or more parts of the course, e.g. Maths, Electrical, Structures, Materials....

## **DEMONSTRATORS**

Labs organised by Department

- Demonstrators can be:
  - $\Rightarrow$  Lecturers
  - ⇒ Technical staff
  - ⇒ A post-doc researcher, or graduate student

## LECTURES I

- Approx. 10 per week, mostly in LT0 in 1st year
- Main purpose: to get information and techniques across to students
- First year class large (300+): limited opportunity for interaction with the lecturer during lectures
- Interaction/feedback is provided during supervisions

## LECTURES II

### Should you go to lectures?

 Attendance is not monitored – no one is going to force you to get out of bed and turn up

#### **But note:**

- Lectures are the best way of acquiring the knowledge and techniques that you need
- The lecturer will have organised and customised the information that they know is important
- Going to lectures is a very good use of your time

## LECTURE NOTES I

- Most lecturers provide handouts, with key gaps to fill in during the lecture, e.g. worked examples
- You don't have to write everything down and make your own notes
- Advantage: you can listen more carefully, rather than writing frantically,
- Disadvantage: you may find it more difficult to concentrate.

## LECTURE NOTES II

Solution: listen actively –

- ⇒ Use a highlighting pen to emphasise key points
- $\Rightarrow$  Fill in all the gaps, and keep up with the lecturer

⇒ Highlight things you don't understand, to follow up later when there is more time to think

Follow up by: talking with other students, or supervisors, or looking on the web, or using a textbook. Then try answering questions (examples).

## LECTURE NOTES III

- Good practice:
  - Go through the notes from each lecture later that day, tidying up loose ends while you remember
  - Review the notes on each course the evening before the next lecture
- Essential: review your notes *before* you attempt Examples Paper questions
- Lecture notes are condensed, targeted resources for your course: use them.

## FEEDBACK ON LECTURES

- Lecturers appreciate constructive feedback
- For presentational problems, tell the lecturer!
- Use the (anonymous) Fast Feedback facility to comment on clarity, content, pace, etc.
- Fill in Lecture Questionnaires (if issued)
- Do the On-line Survey as soon as each course ends
- Vote in the Best Lecturer competition
- Contact Staff-Student Joint Committee (SSJC)

# Staff-Student Joint Committee (SSJC)

- Elected student reps at the main departmental committees, including SSJC,
- College reps pass feedback to SSJC Members

We do take this very seriously. The SSJC discussions inform the evolution of the course and facilities.

- Revamp IA and IB computing
- Change IIA lab assessments
- Planned changes to the Fast Feedback system
   Please consider joining the team of reps!

## **EXAMPLES PAPERS**

- Issued in parallel with lecture courses (on Wednesdays in 1st year)
- Typically 4-5 each fortnight; take 4-8 hrs each
- Your main private study material (supplemented with past exam (Tripos) papers)

- Questions are graded:
  - straightforward (†):
     reinforce concepts and practise techniques
  - Tripos standard (\*): involve a problem-solving element

## HOW TO TACKLE QUESTIONS I

#### DO

- Review your lecture notes first
- Know what's in the Data Books, and use them
- Keep a record of progress and note any problems you have – to ask your supervisor
- Persevere: you won't sail through every topic
- Help one another

Collaboration is good! Teaching someone else is a great way to sharpen up your own understanding

## HOW TO TACKLE QUESTIONS II

#### **DON'T**

- Look at the answer first (at the back of the paper)
- Spend too long on a single question (20-60 minutes maximum)
- Try to complete a whole paper in one sitting
- Give up on the rest of the paper just because you can't do one question
- Rely too much on cribs (see later), or your peers
- Just copy things out without understanding them

# HOW TO TACKLE QUESTIONS III

- Interpreting/modelling the problem is often the first and most difficult part of hard questions
- Try to visualise the problem clearly:
  - ⇒ Draw a large, clearly labelled diagram
  - ⇒ Identify the physical principles involved
  - $\Rightarrow$  Plan and outline the steps in the solution
- Do not just hunt vaguely for an equation that seems to involve the right variables

## IF YOU GET STUCK

- If you can't do a problem, it's because there's something you don't understand or know
- Try to work out what it is!
- Consult textbook (in CUED or College library)
- Web resources: but try to check accuracy...
- Ask:
  - ⇒ Another student
  - **⇒** Your supervisor
  - **⇒** At an Examples Class
- Look at the crib (see later)

# COLLABORATION, CHEATING AND PLAGIARISM

- Collaboration is good:
  - → Working together to share knowledge and improve understanding
- Once you can do the work, complete it *on your own* Anything you submit for credit must be your own work
- If you use bits of other peoples' work, you must acknowledge it (e.g. a diagram, someone else's data)
- If you don't, you are guilty of plagiarism
  - → Submitting all or part of someone else's work under your name
- All forms of cheating are bad, and penalties are harsh

## **EXAMPLES CLASSES**

- Organised by the Department:
   11.00 am on Wednesdays in 1<sup>st</sup> year
- One class (with the Lecturer) for each Examples Paper (see Schedule)
- A "safety net" to support supervisions generally ask your supervisor first

Please sign-up for your examples classes!

No student registered = cancellation

## **CRIBS** I

• Cribs: model answers to Examples Papers and Tripos exam papers

Released on Moodle after the examples class

Tripos cribs (for 5 years) on CUED website

Only use cribs as a last resort —
beware, they can lead you to believe that you
understand the material, when actually you don't!

## **CRIBS II**

- Good practice:
  - Use the crib to give you hints:
    - **✓** Cover it up; reveal the solution bit by bit
    - **✓** Understand where *every* number or variable comes from in *every* equation or figure
    - ✓ Stop reading the crib when you think you can proceed
    - ✓ Try the problem again independently, some time later
- Do not just copy out the crib:
  - your supervisors already have it!

## **SUPERVISIONS I**

- Typically:
  - groups of two or three
  - two or three supervisions per week
  - one hour long
- Supervisions are for:
  - ⇒ Sorting out problems from lectures, Examples Papers
  - **⇒** Discussing coursework/design exercises
  - ⇒ Going over past Tripos questions, exam technique etc.
  - ⇒ Open-ended discussion about Engineering

## **SUPERVISIONS II**

- Supervisions should be very interactive
- They are not lessons you should drive them
- Can (initially) be a daunting experience: there is nowhere to hide...
  - Remember: supervisors are there to help you
  - It is no disgrace to admit that there are things you don't understand or questions you can't do
  - Almost everyone finds the course hard it is designed to challenge you all.

## **SUPERVISIONS III**

- It is totally counter-productive to (try to) mislead your supervisor about:
  - ⇒ How much work you have or haven't done
  - **⇒** How well you understand things
  - ⇒ How well you have tackled Examples Papers etc.
- Experienced supervisors see through deception
- You suffer if your deception is successful

## GOOD AND BAD SUPERVISIONS

Supervisor: How did you get on with this examples

paper?

Student: I did it all!

Lazy supervisor: OK, go away, see you in two weeks!

Good supervisor: Then let's just explore question 4...

(which reveals that the students didn't fully understand what they were doing...)

## IN A GOOD SUPERVISION

#### Supervisees (i.e. you):

- Consult supervision partner in advance about what to discuss;
- Arrive prepared with questions:
  - → "Can we go over the concept of Virtual Work?"
  - → "On Q6 I tried this method, but I'm out by a factor of ...."
  - → "I didn't do Chemistry at school, can you help me to understand .....?"
  - → "I got stuck *at this point* in Q7 because I didn't know how to..."
  - → "I need more practice solving differential equations"
  - → "Can you recommend some past Tripos questions to try?"

## IN A GOOD SUPERVISION

## Supervisors steer the session, but get you talking:

- → "Most students find Q3 tricky. How did you get on with it?"
- → "How accurate is your answer using that graphical method?

Is that appropriate for this branch of Engineering?"

- → "Why don't you explain your method to the rest of us?"
- → "How does the roof of King's College Chapel stay up? Have you been to look at it yet?!"

## **SUMMARY**

The Cambridge course is demanding but should be rewarding. Approach it sensibly, and you'll be fine!

There is plenty of support available to you: just ask.

Be realistic: You (probably) can't be best at everything, but you can be good enough

Remember your successes! You can do this course!

## **ANY QUESTIONS?**